

# Availability, Rates, Insurance Information

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<b><i>Provider availability:</i></b>		
<b>accepting new clients?</b>	Not at this time. Check back here for updates as to when waiting list will go back into effect. For now, we cannot put you on a waiting list.	Not at this time. Check back here for updates as to when waiting list will go back into effect. For now, we cannot put you on a waiting list.
<b>days in the office</b>	Monday, Tuesday, Thursday, Friday	Saturday, Sunday, Monday, Wednesday
<b><i>For those using insurance:</i></b>		
<b>in-network</b>	Premera, Lifewise, First Choice	Premera, Lifewise, First Choice, Aetna
<b>for other plans</b>	Client pays up front for services, receives a receipt, and submits to insurance company for potential reimbursement depending upon plan coverage	Client pays up front for services, receives a receipt, and submits to insurance company for potential reimbursement depending upon plan coverage
<b>initial visit</b>	\$215	\$215
<b>ongoing visits</b>	\$165	\$165
<b><i>Discounted rates for those not using insurance and paying at time of service:</i></b>		
<b>initial visit</b>	\$190	\$190
<b>ongoing visits</b>	\$165	\$165
<b>4 ongoing visits, prepaid</b>	\$588	\$588
<b>sliding scale?</b>	Not at this time	Not at this time